

# VIRTUES MATRIX

## Fundamental Virtue



### INTEGRITY

Honesty  
Keep your word  
Responsibility  
Strength  
Morality  
(Uprightness)

## Foundational Virtues



### SELF-CONTROL (temperance)

Restraint  
Discipline  
Moderation  
Thriftiness  
Detachment  
Balance

### JUSTICE

Impartiality  
Equitable  
Righteousness  
Freedom  
Morality

### FORTITUDE (strength)

Courage  
Drive  
Determination  
Perseverance  
Resilience  
Leadership

## Relational Virtues



### POSITIVE ATTITUDE (hope)

Belief  
Enthusiasm  
Cheerfulness  
Optimism  
Self-esteem

### HUMILITY

Humbleness  
Gratitude  
Admit wrong  
Forgiveness  
Grace

### RESPECT

Courtesy  
Dignity  
Dutiful  
Obedience  
Sportsmanship  
/Valor

## Ultimate Virtues



### WISDOM (prudence)

Truth  
Knowledge  
Understanding  
Think critically  
Foresight  
Vision

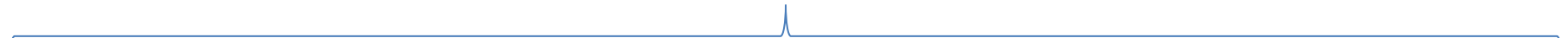
### LOVE (friendship)

Kindness  
Consideration  
Empathy  
Devotion  
Patience

### CHARITY

Caring  
Unselfish  
Helpfulness  
Citizenship  
(Patriotism)

### "IN THE FAMILY" VIRTUES



Accountability  
Authenticity  
Cleanliness  
Commitment  
Conscience  
Dependability  
Discretion  
Excellence  
Faithfulness  
Fidelity  
Honor  
Loyalty  
Purity  
Reliability  
Sincerity  
Trustworthiness  
Truthfulness  
Wholesomeness

Chastity  
Modesty  
Orderliness  
Sobriety

Community  
Fairness  
Mercy  
Non-violence  
Patriotism  
Persuasiveness  
Teamwork  
Tolerance  
Unity

Acceptance  
Assertiveness  
Autonomy  
Bravery  
Confidence  
Dedication  
Defiance  
Diligence  
Endurance  
Flexibility  
Forbearance  
Grit  
Independence  
Magnanimity  
Persistence  
Practice  
Preparation  
Resoluteness  
Resourcefulness  
Steadfastness  
Toughness  
Zeal

Ambition  
Beauty  
Contentment  
Faith  
Happiness  
Humor  
Idealism  
Inspirational  
Joyfulness  
Motivation  
Self-reliance

Innocence  
Meekness  
Peacefulness  
Piety  
Simplicity  
Thankfulness  
Tranquility

Civility  
Conscientious  
Cooperation  
Cordiality  
Encourage  
Hard work  
Humanity  
Industry  
Initiative  
Listening  
Majesty  
Manners  
Politeness  
Punctuality  
Reverence  
Self-respect  
Silence  
Trust

Appreciation  
Awareness  
Caution  
Counsel  
Creativity  
Curiosity  
Discernment  
Eloquence  
Focus  
Frugality  
Gravity  
Imagination  
Ingenuity  
Intuition  
Learning  
Objectivity  
Openness  
Perspective  
Purposefulness  
Spirituality  
Spontaneity  
Tact  
Wonder

Compassion  
Friendliness  
Gentleness  
Nurturing  
Sensitivity  
Sympathy

Altruism  
Benevolence  
Generosity  
Giving back  
Goodness  
Hospitality  
Liberality  
Mindfulness  
Selflessness  
Self-sacrifice  
Service  
Sharing  
Stewardship  
Volunteering